

Course Outline Aesthetics

Description: The primary purpose of this aesthetics course is to train the student in the basic skills, judgments, safety judgments, proper work habits, and desirable attitudes necessary to obtain licensure and for competency as an entry level esthetician or related position.

Program Length: 750 hours

Educational Objectives: Upon completion of the course requirements, the determined graduate will be able to:

1. Project a positive attitude and a sense of personal integrity and self-confidence.
2. Practice proper grooming, effective communication skills, and visible poise.
3. Understand employer–employee relationships and respect the need to deliver worthy service for value received.
4. Perform the basic manipulative skills in the areas of facial massage, effective use of implements and equipment, proper application of corrective makeup, unwanted hair removal, and lash/brow tinting.
5. Perform the basic analytical skills to determine appropriate skin care and makeup services to achieve the best result for each client.
6. Apply the theory, technical information, and related matter to ensure sound judgments, decisions, and procedures.

To ensure continued career success, the graduate will continue to learn new and current information related to skills, trends, and methods for career development in aesthetics and related career positions.

References: A comprehensive library of references, periodicals, books, texts, and audio DVDs.

Instructional Methods: The clock hour education is provided through sequential learning steps that address specific tasks necessary for state board preparation, graduation, and entry-level job skills. Clinic equipment, implements, and products are comparable to those used within the industry. The course is presented through comprehensive lesson plans that reflect effective educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Audiovisual aids, guest speakers, field trips, projects, activities, and other related learning methods may be used within the course.

Grading procedures: Students are assigned theory study and a minimum number of practical experiences required for course completion. Theory is evaluated after each unit of study. Practical assignments are evaluated as completed and counted toward course completion only when rated as satisfactory or better. Practical skills are evaluated according to text procedures, performance standards established by the state licensing agency, and the Practical Skills Competency Evaluation Criteria. Students must maintain a theory average of 75% and pass a final written and practical exam prior to graduation. Student must make up failed or missed tests and incomplete assignments.

Grading Scale:

95-100	A
85-94	B
75-84	C
74 & Below	D

Course Syllabus

Basic Training: 75 hours of classroom instruction in general theory and practical application shall be provided that shall include a minimum of the following subject areas:

- Orientation
- History of skin care;
- Personal hygiene and public health;
- Professional ethics;
- Sterilization and sanitation;
- Introduction to skin analysis and skin care and facial treatments

Scientific Concepts: 150 hours of instruction of classroom instruction in the following subject areas:

- Cells, metabolism, and body systems;
- Bacteriology;
- Physiology and histology of the skin;
- Human anatomy;
- Chemistry – understanding chemicals and their use;
- Disorders of the skin and special aesthetics procedures

Practices & Procedures: 500 hours of instruction, which is a combination of classroom instruction and hands on (clinical application) experience, in the following subject areas:

- Non-therapeutic massage, excluding the scalp;
- Nutrition and health of the skin;
- Skin analysis;
- Cleansing the skin;
- Mask therapy and facial treatments;
- Facial treatments without the aid of machines;
- Electricity, machines, and apparatus;
- Facial treatments with the aid of machines;
- Hair removal: including tweezer method, depilators, waxing and their use;
- Professional makeup techniques;
- Product knowledge as it relates to aesthetics.

Business Practices: 25 hours of classroom instruction shall be provided in the following subject areas:

- The IL Cosmetology Act;
- Professionalism; Resume Development; Interview Preparation; Job Search Skills
- Management
- OSHA Standards relating to chemical use; and
- Workers' Compensation Act.

Total 750 hours.

Pre-Clinic: Prior to working on the salon clinic floor, students will complete 240 scheduled hours covering the following areas: the Touch Practical Facial; the Freshman Theory Final; and the following chapters:

- History & Career Opportunities (1)
- Life Skills (2)
- Professional Image (3)
- Communicating for Success (4)
- Infection Control (5)
- The Treatment Room (14)
- Skin Analysis (12)
- Facial Treatments (15)

Internship: Students, meeting institution requirements, and participating salons, meeting institution and state requirements, may be permitted to participate in an externship/internship (which may be substituted for 75 hours of the required 750 hours).

The externship/internship is designed to allow a student to learn aesthetics under the direct supervision of a licensed cosmetologist or licensed esthetician in a registered salon. Requirements include, but are not limited to:

- This Institution will enter into a contract with the student, the registered salon and licensed cosmetologist or licensed esthetician. The contract shall contain all of the provisions set forth in the subsection (a)(5) of the Rules and any other requirements of the internship program established by this Institution. The contract shall be signed by the student, the school and the licensed cosmetologist or licensed esthetician. Any party to the contract may terminate the contract at any time.
- The student may participate in an internship program only after completing 375 hours of training and have a minimum average grade of 80.
- The student may not spend more than 75 hours in an internship program.
- The student may not be paid while participating in this internship program as it is a part of the aesthetics curriculum of the school.
- The student may only work a maximum of 8 hours a day and shall be required to spend 1 day a week at the school.
- The student must be under the direct on-site supervision of a licensed cosmetologist or licensed esthetician. (Only 1 student shall be supervised by 1 licensed cosmetologist or licensed esthetician.)

Licensing Requirements:

(225 ILCS 410/3A-2) (From Ch. 111, par. 1703A-2)

(Section scheduled to be repealed on January 1, 2026)

Sec. 3A-2. Licensure as an esthetician; qualifications. A person is qualified to receive a license as a licensed esthetician if that person has applied in writing on forms provided by the Department, paid any required fees, and:

- a. Is at least 16 years of age; and
- b. Has a certificate of graduation from a school providing secondary education, or the recognized equivalent of such a certificate, or persons who are beyond the age of compulsory school attendance; and
- c. Has graduated from a school of cosmetology or aesthetics approved by the Department, having completed a program of 750 hours in the study of aesthetics extending over a period of not less than 18 weeks nor more than 4 consecutive years. Time spent in such study under the laws of another state or territory of the United States or of a foreign country or province shall be credited toward the period of study required by the provisions of this paragraph; and
- d. Has passed an examination authorized by the Department to determine fitness to receive a license as a licensed esthetician; and
- e. Has met any other requirements of this Act and rules.

(Source: P.A. 91-863, eff. 7-1-00.)